

FEBRUARY 2023 ACTIVITY CALENDAR - MACLEAY VALLEY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	
DUE TO	In House TV each day	9.00 Walking Group	9.30 - Coffee in the Café	9.30 - Coffee in the Café	10.20 Bingo	
UNFORESEEN	Channel 700. 701. 702. 703	9.30 Coffee and Kiosk in Café	10.15 - Scenic Bus Outing	10.15 - Seated Fitness Fun	Independent Activities	9.00 - Church Karaoke
CIRCUMSTANCES		10.00 Morning Tea on Verandah	10.30 Cooking in Cafe	10.15 - Board Games	Newspaper Reading	10.20 Table Games
SOME ACTIVITIES MAY BE		10.30 - 1:1 Support Visits	11.15 Falls Prevention	11.00 - Church Karoke	Snooker	Independent Activities
SUBJECT TO		Catholic Church Service in Chapel	1.15 - Scenic Outing with Ice-cream	1.30 - 2.30 Happy Hour		and the second
CANCELLATION OR	100	1.30 Resident/Rep Meeting	3.15 - Library Trolley Visits		1.00 - Afternoon Movie	
CHANGE		2.00pm Milkshakes and Music				1.00 - Afternoon Movie
6	7	8	9	10	11	1
	9.30 Coffee in Cafe	9.00 Walking Group	9.30 - Coffee in the Café	9.30 - Coffee in the Café	10.20 Bingo	9.00 - Church Karaoke
airdresser & Beautician	10.00 Seated Fitness Fun	9.30 Coffee and Kiosk in Café	10.15 - Scenic Bus Outing	10.15 - Seated Fitness Fun	Independent Activities	10.20 Table Games
30 - Coffee in the Café	2.00 - Bingo 3.15 - Armchair Travel	10.30 - Table Games 10.30 - 1:1 Support Visits	10.30 Carpet Bowls 11.15 Falls Prevention	10.45 Morning Tea on Verandah 11.00 - Church Karoke	Newspaper Reading Snooker	Independent Activities
		2.00 - Drumming	1.15 - Scenic Outing with Ice-cream	1.30 - 2.30 Happy Hour		
0.00 Craft Group			3.15 - Library Trolley Visits		1.00 - Afternoon Movie	1.00 - Afternoon Movie
.30 Quizzes and Games	the second second	2.00pm Church Karaoke				
13	14	15	16	17	18	1
irdresser & Beautician	9:30 Coffee in Cafe	9.00 Walking Group	9.30 - Coffee in the Café	9.30 - Coffee in the Café	10.20 Bingo	
	10.00 Seated Fitness Fun	9.30 Coffee and Kiosk in Café	10.15 - Scenic Bus Outing	10.15 - Seated Fitness Fun	Independent Activities	9.00 - Church Karaoke
0 - Coffee in the Café 00 Craft Group	10.45 Bingo 3.15 - Armchair Travel	10.30 - Table Games <u>10.30 - 1:1 Sup</u> port Visits	10.30 - Carpet bowls 11.15 Falls Prevention	10.45 - Story Circle 11.00 - Church Karoke	Newspaper Reading	10.20 Table Games Independent Activities
		2.00 - Music and Milkshakes		1.30 - 2.30 Happy Hour		
00 - Quizz/Games	THE REAL PROPERTY		3.15 - Library Trolley Visits		1.00 - Afternoon Movie	
ne:one support visits	The second se	2.00pm Church Karaoke	S. 15 - LIDIALY HOLEY VISILS	WUTHERING	1.00 - Alternoon Movie	1.00 - Afternoon Movie
		•		HEIGHTS Exam trans		
20	21	22		24	25	9.00 Church Karaoke
irdresser & Beautician	9:30 Coffee in Cafe 10.00 Seated Fitness Fun	9.00 Walking Group 9.30 Coffee and Kiosk in Café	9.30 - Coffee in the Café 10.15 - Scenic Bus Outing	9.30 - Coffee in the Café 10.15 - Seated Fitness Fun	10.20 Bingo Independent Activities	10.20 Table Games
0 - Coffee in the Café	10.45 Nerf Shooting Gallery Fun	10.30 - Table Games	10.30 Carpet Bowls	10.45 Morning Tea on Verandah	Newspaper Reading	Independent Activities
	2.00 Armchair Travel	10.30 - 1:1 Support Visits	11.15 Falls Prevention	11.00 - Church Karoke	Snooker	
00 Craft Group	<u>9/</u> 9	2.00 - Drumming	1.15 - Scenic Outing with Ice-cream	1.30 - 2.30 Happy Hour		Anglican Church in Chapel
0 - Quizz/Games			3.15 - Library Trolley Visits	1	1.00 - Afternoon Movie	1.00 Afternoon Movie
ne:one support visits	Cather	2.00pm Church Karaoke	1			
27	28			2		
irdresser & Beautician	9:30 Coffee in Cafe					
0 - Coffee in the Café	10.00 Seated Fitness Fun 10.45 Bingo					
	2.00 Armchair Travel					
.00 Craft Group						
00 - Quizz/Games						
ne:one support visits						