

# OCTOBER 2022 ACTIVITY CALENDAR - MACLEAY VALLEY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31</b> Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE		In House TV each day Channel 700, 701, 702, 703		<b>1</b> Coffee in Café 10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	<b>2</b> 9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
<b>3</b> Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	<b>4</b> 10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	<b>5</b> 10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Milkshakes with Music 2.00pm Church Karaoke	<b>6</b> 9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	<b>7</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	<b>8</b> 10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	<b>9</b> 9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
<b>10</b> Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	<b>11</b> 10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	<b>12</b> 10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Drumming 2.00pm Church Karaoke	<b>13</b> 9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	<b>14</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	<b>15</b> 10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	<b>16</b> 9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
<b>17</b> Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	<b>18</b> 10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	<b>19</b> 10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Milkshakes with Music 2.00pm Church Karaoke	<b>20</b> 9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	<b>21</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	<b>22</b> 10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	<b>23</b> 9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie
<b>24</b> Hairdresser & Beautician 8.00 - Live Stream Music with Joe Robinson 9.30 - Coffee in the Café 10.00 - Craft Group 10.30 - 1:1 Support Visits 2.00 - Quizz/Games	<b>25</b> 10.15 - Seated Fitness 10.45 - 1:1 Support Visits 2.00 - Bingo 3.15 - Armchair Travel 3.15 - Falls Prevention	<b>26</b> 10.00 - Shopping Kiosk 10.00 - Walking Group 10.30 - Table Games 10.30 - 1:1 Support Visits 2.00 - Drumming	<b>27</b> 9.30 - Coffee in the Café 10.15 - Scenic Bus Outing 10.15 - Carpet Bowls 1.15 - Scenic Outing with Ice-cream 3.15 - Library Trolley Visits	<b>28</b> 9.30 - Coffee in the Café 10.15 - Seated Fitness Fun 10.45 - Bingo 11.00 - Church Karoke 1.30 - 2.30 Happy Hour	<b>29</b> 10.20 - Table Games Independent Activities Newspaper Reading Snooker 1.00 - Afternoon Movie	<b>30</b> 9.00 - Church Karaoke 10.20 - Bingo Independent Activities 1.00 - Afternoon Movie

2.00pm Church Karaoke