



THOMPSON
HEALTH CARE

MAY 2022 ACTIVITY PLANNER – MACLEAY VALLEY HOUSE

MON	TUE	WED	THUR	FRI	SAT	SUN
<p>Beautician 30</p> <p>8.00 Live Stream Music with Joe Robinson Channel 700</p> <p>10.30 Youtube Videos</p> <p>2.00 Quiz/Word Games</p>	<p>Hairdresser 31</p> <p>10.15 Seated Fitness with Physio</p> <p>10.45- 1-1 Support Visits</p> <p>2.00 Bingo</p> <p>3.00 Library Trolley</p> <p>3.00 Falls Prevention</p>					<p>1</p> <p>9.00 Church Karaoke TV Channel 700</p> <p>10.00 DVD Movie</p> <p>10.20 Bingo.</p> <p>1.00 DVD Movie</p>
<p>Beautician 2</p> <p>8.00 Live Stream Music with Joe Robinson in room Channel 700</p> <p>10.30 Craft Group</p> <p>2.00 Quiz/WordGames</p>	<p>Hairdresser 3</p> <p>10.15 Seated Fitness with Physio</p> <p>10.45 1-1 Support Visits</p> <p>2.00 Bingo</p> <p>3.00 Library Trolley</p> <p>3.00 Falls Prevention classes in the Library</p>	<p>4</p> <p>Hairdresser</p> <p>9.30 Shopping Kiosk</p> <p>10.00 Walking</p> <p>10.30 Table Games</p> <p>10.30 1:1 Support Visits</p> <p>2.00 Music & Milkshakes in the Café</p>	<p>5</p> <p>9.30 Coffee in the Café & Newspaper Reading</p> <p>10.15 Scenic Bus Outing</p> <p>2.00 Scenic Drive to South West Rocks for Ice-cream</p> <p>3.00 1-1 support Visits & Independent Activities</p>	<p>6</p> <p>9.30 Coffee and Newspapers in the Cafe</p> <p>10.15 Seated Fitness with Physio</p> <p>11.00 Bingo in Bluegum</p> <p>11.00 Church Karaoke TV 700</p> <p>1.30 Mothers Day concert</p>	<p>7</p> <p>10.00 DVD</p> <p>10.20 Table Games in the Activities Room</p> <p>Independent Activities Cards, Snooker, Colouring in , computers & Board Games</p>	<p>8</p> <p>MOTHERS DAY</p> <p>9.00 Church Karaoke on your in -room TV</p> <p>10.00 DVD</p> <p>10.20 Bingo</p> <p>1.00 DVD movie</p> <p>Independent Activities</p>
<p>Beautician 9</p> <p>8.00 Live Stream Music with Joe Robinson in room channel 700</p> <p>10.30 Craft Group</p> <p>2.00 Quiz/Word Games in Activities the Room</p>	<p>10</p> <p>Hairdresser</p> <p>10.15 Seated Fitness with Physio</p> <p>10.45 Armchair Travel</p> <p>2.00 Bingo</p> <p>3.00 Library Trolley</p> <p>3.00 Falls Prevention</p>	<p>11</p> <p>Hairdresser</p> <p>9.30 Shopping Kiosk</p> <p>10.00 Walking Group</p> <p>10.30 Table Games</p> <p>10.30 1:1 Support Visits</p> <p>2.00 Drumming</p> <p>2.00 Church Karaoke TV 700</p>	<p>12</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Scenic Bus Outing</p> <p>2.00 Bus Outing- South West Rocks for Ice-cream</p> <p>3.00 1:1Support Visits</p>	<p>13</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Seated Fitness with Physio</p> <p>11.00 Bingo in Bluegum</p> <p>11.00 Church Karaoke TV 700</p> <p>1.30 Happy Hour and Concert</p>	<p>14</p> <p>10.00 DVD</p> <p>10.20 Table Games in the Activities Room</p> <p>Independent Activities Cards, Snooker, Colouring in , computers & Board Games</p>	<p>15</p> <p>9.00 Church Karaoke on your in -room TV</p> <p>10.00 DVD</p> <p>10.20 Bingo</p> <p>1.00 DVD movie</p> <p>Independent Activities</p>
<p>Beautician 16</p> <p>8.00 Live Stream Music with Joe Robinson in room channel 700</p> <p>10.30 Youtube Videos</p> <p>2.00 Quiz/Word Games in Activities the Room</p>	<p>17</p> <p>Hairdresser</p> <p>10.15 Seated Fitness with Physio</p> <p>10.45- 1-1 Support Visits</p> <p>2.00 Bingo</p> <p>3.00 Library Trolley</p> <p>3.00 Falls Prevention</p>	<p>18</p> <p>. Hairdresser</p> <p>9.30 Shopping Kiosk</p> <p>10.00 Walking Group</p> <p>10.30 Table Games</p> <p>10.30 1:1 Support Visits</p> <p>2.00 Music and Milkshakes</p> <p>2.00 Church Karaoke TV 700</p>	<p>19</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Scenic Bus Outing</p> <p>2.00 Bus Outing- South West Rocks for Ice-cream</p> <p>3.00 1:1Support Visits</p>	<p>20</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Seated Fitness with Physio</p> <p>11.00 Bingo in Bluegum</p> <p>11.00 Church Karaoke TV 700</p> <p>1.30 Happy Hour and Concert</p>	<p>21</p> <p>10.00 DVD</p> <p>10.20 Table Games in the Activities Room</p> <p>Independent Activities Cards, Snooker, Colouring in , computers & Board Games</p>	<p>22</p> <p>9.00 Church Karaoke on your in -room TV</p> <p>10.20 Bingo</p> <p>1.00 DVD movie</p> <p>Independent Activities</p>
<p>Beautician 23</p> <p>8.00 Live Stream Music with Joe Robinson in room channel 700</p> <p>10.30 Craft Group</p> <p>2.00 Quiz/Word Games in Activities Room</p>	<p>24</p> <p>Hairdresser</p> <p>10.15 Seated Fitness with Physio</p> <p>10.45 Armchair Travel</p> <p>2.00 Bingo</p> <p>3.00 Library Trolley</p> <p>3.00 Falls Prevention</p>	<p>25</p> <p>Hairdresser</p> <p>9.30 Shopping Kiosk</p> <p>10.00 Walking Group</p> <p>10.30 Table Games</p> <p>10.30 1:1 Support Visits</p> <p>2.00 Drumming</p> <p>2.00 Church Karaoke TV 700</p>	<p>26</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Scenic Bus Outing</p> <p>2.00 Bus Outing- South West Rocks for Ice-cream</p> <p>3.00 1:1Support Visits</p>	<p>27</p> <p>9.30 Coffee and Newspapers in the Café</p> <p>10.15 Seated Fitness with Physio</p> <p>11.00 Bingo in Bluegum</p> <p>11.00 Church Karaoke TV 700</p> <p>1.30 Happy Hour and Concert .</p>	<p>28</p> <p>10.00 DVD</p> <p>10.20 Table Games in the Activities Room</p> <p>Independent Activities Cards, Snooker, Colouring in , computers & Board Games</p>	<p>29</p> <p>9.00 Church Karaoke on your in -room TV</p> <p>10.20 Bingo</p> <p>1.00 DVD movie</p> <p>Independent Activities</p>