

## January 2023 Activity Calendar - Dural House

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME SOME ACTIVITIES MAYBE SUBJECT TO CANCELLATION OR CHANGE						New Year's Day
10:00 Bus Trip [G] 11:00 Musical Exercises 11:00 B I N G O 01:30 Painting with John 02:00 Ice Cream Trolly [LG2] 02:30 Movie [Cinema]	2 10:00 Bus Trip [LG1] 10:30 Jewelry Making 11:00 Tai Chi 01:30 Carpet Bowls 02:00 Balloon Game [LG2] 02:30 Movie [Cinema]	3 10:00 Bus Trip [LG2] 11:00 Church Service 11:00 Musical Exercises 01:30 B I N G O 02:30 Movie [Cinema] 03:00 Music Therapy [LG2]	4 10:00 Bus Trip [Level 1] 10:45 Catholic Service 11:00 Tai Chi 01:30 Word Game 02:00 Music Therapy [LG2] 02:30 Movie [Cinema]	5 10:00 Bus Trip [LG2] 11:00 Carpet Bowls 11:00 Pet Therapy 02:00 LIVE Concert & Happy Hour 02:30 Movie [Cinema]	<b>6</b> 10:30 Coffee & Chat 11:00 Musical Exercises 01:30 B I N G O 02:00 Garden Walk [LG2] 02:30 Movie [Cinema]	7 8 11:00 Musical Exercises 01:30 Carpet Bowls 02:00 Sandwich/Happy Hour [LG2] 02:30 Knit & Purl 02:30 Movie [Cinema]
10:00 Bus Trip [G] 11:00 Musical Exercises 11:00 B I N G O 01:30 Painting with John 02:00 Ice Cream Trolly [LG2] 02:30 Movie [Cinema]	<ul> <li>9</li> <li>10:00 Bus Trip [LG1]</li> <li>10:30 Jewelry Making</li> <li>11:00 Tai Chi</li> <li>01:30 Carpet Bowls</li> <li>02:00 Quoits Game [LG2]</li> <li>02:30 Movie [Cinema]</li> </ul>	10         1           10:00 Bus Trip [LG2]         11:00 Church Service           11:00 Musical Exercises         01:30 B I N G O           02:30 Movie [Cinema]         03:00 Music Therapy [LG2]	11 10:00 Bus Trip [Level 1] 10:45 Catholic Service 11:00 Tai Chi 2:00 Resident's Meeting 02:30 Movie [Cinema]	12 10:00 Bus Trip [LG2] 11:00 Carpet Bowls 02:00 LIVE Concert w/ Andrew Dyce & Happy Hour 02:30 Movie [Cinema]	13 10:30 Coffee & Chat 11:00 Musical Exercises 01:30 B I N G O 02:00 Garden Walk [LG2] 02:30 Movie [Cinema]	14 11:00 Musical Exercises 01:30 Carpet Bowls 02:00 Sandwich/Happy Hour [LG2] 02:30 Knit & Purl 02:30 Movie [Cinema]
1 10:00 Bus Trip [G] 11:00 Musical Exercises 11:00 B I N G O 01:30 Painting with John 02:00 Ice Cream Trolly [LG2] 02:00 Pet Therapy 02:30 Movie [Cinema]	16 10:00 Bus Trip [LG1] 10:30 Jewelry Making 11:00 Tai Chi 01:30 Carpet Bowls 02:00 Balloon Game [LG2] 02:30 Movie [Cinema]	17         1           10:00 Bus Trip [LG2]         11:00 Church Service           11:00 Musical Exercises         01:30 B I N G O           02:30 Movie [Cinema]         03:00 Music Therapy [LG2]	18         1           10:00 Bus Trip [Level 1]         10:45 Catholic Service           11:00 Tai Chi         01:30 Word Game           02:00 Music Therapy [LG2]         02:30 Movie [Cinema]	19 10:00 Bus Trip [LG2] 11:00 Carpet Bowls 02:00 LIVE Concert W/ Harry Court & Happy Hour 02:30 Movie [Cinema]	20 10:30 Coffee & Chat 11:00 Musical Exercises 01:30 B I N G O 02:00 Garden Walk [LG2] 02:30 Movie [Cinema]	21 22 11:00 Musical Exercises 01:30 Carpet Bowls 02:00 Sandwich/Happy Hour [LG2] 02:30 Knit & Purl 02:30 Movie [Cinema]
2 10:00 Bus Trip [G] 11:00 Musical Exercises 11:00 B I N G O 01:30 Painting with John 02:00 Ice Cream Trolly [LG2]	<b>23</b> 10:00 Bus Trip [LG1] 10:30 Jewelry Making 11:00 Tai Chi 01:30 Carpet Bowls 02:00 Quoits Game [LG2] 02:30 Movie [Cinema]	24 2 10:00 Bus Trip [LG2] 11:00 Church Service 11:00 Musical Exercises 01:30 B I N G O 02:30 Movie [Cinema] 03:00 Music Therapy [LG2]	25 <i>Justralia</i> AUSTRALIA DAY	26 10:00 Bus Trip [LG2] 11:00 Carpet Bowls 11:00 Pet Therapy 02:00 LIVE Concert w/ Kristy Lee & Happy Hour 02:30 Movie [Cinema]	27 10:30 Coffee & Chat 11:00 Musical Exercises 01:30 B I N G O 02:00 Garden Walk [LG2] 02:30 Movie [Cinema]	28 29 11:00 Musical Exercises 01:30 Carpet Bowls 02:00 Sandwich/Happy Hour [LG2] 02:30 Knit & Purl 02:30 Movie [Cinema]
3 10:00 Bus Trip [G] 11:00 Musical Exercises 11:00 B I N G O 11:00 Pet Therapy 01:30 Painting with John 02:00 Ice Cream Trolly [LG2]	30 10:00 Bus Trip [LG1] 10:30 Jewelry Making 11:00 Tai Chi 01:30 Carpet Bowls 02:00 Balloon Game [LG2] 02:30 Movie [Cinema]	31				EXTRA ACTIVITIES : GYM Sessions : by appointment Walk and Talk : by appointment Hornsby Library Visit : 27 January Resident's Meeting : Monthly Seasonal Gardening Men's Lunch : Monthly
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