## FEBRUARY 2023 ACTIVITY CALENDAR - BEECROFT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE		1 10.30am Social café 11.00am arm chair yoga 12.00pm Lunch 2.00pm Bingo 3.00pm Hydration Cart 4.00pm Room Visits	2 10.30am Social Café 11.00am exercise to music 12.00pm Lunch 1.00pm Bus Trip 2.00pm Afternoon Movie	3 10.30am Social Café 11.00am Exercise To Music 12.00pm Lunch 1.30pm Arts & Crafts 3.00pm Hydration Cart 4.00pm One on One	10.00am Social Café 10.30am Room Visits 12.00pm Lunch 2.00pm Ice Cream Cart 3.00pm Balloon Games	4
	7 10.00am Social Café 11.00am Entertainment 12.00pm Lunch 1.00pm Bus Trip 2.00pm Hydration Cart 3.00pm One on One Visits	8 10.30am Social café 11.00am arm chair yoga 12.00pm Lunch 2.00pm Carpet Bowls 3.00pm Hydration Cart 4.00pm Room Visits	9 10.30am Social Café 11.00am exercise to music 12.00pm Lunch 1.00pm Bus Trip 2.00pm Afternoon Movie	10 10.30am Social Café 11.00am Exercise To Music 12.00pm Lunch 2.00pm Happy Hour 3.00pm Hydration Cart 00pm One on One	10.00am Social Café 10.30am Room Visits 12.00pm Lunch 2.00pm Ice Cream Cart 3.00pm Balloon Games	11
3.00pm One on One Visits	14 11.00am Entertainment 12.00pm Lunch 2.00pm Valentine Celebrations & Hydration Cart 3.00pm One on One Visits	10.30am Social café 11.00am arm chair yoga 12.00pm Lunch 2.00pm Bingo 3.00pm Hydration Cart 4.00pm Room Visits	16 10.30am Social Café 11.00am exercise to music 12.00pm Lunch 1.00pm Bus Trip 2.00pm Afternoon Movie	17 10.30am Social Café 11.00am Exercise To Music 12.00pm Lunch 2.00pm Happy Hour 3.00pm Hydration Cart 4.00pm One on One	10.00am Social Café 10.30am Room Visits 12.00pm Lunch 2.00pm Ice Cream Cart 3.00pm Balloon Games	18 1
	21 10.00am Social Café 11.00am Entertainment 12.00pm Lunch 1.00pm Bus Trip 2.00pm Hydration Cart 3.00pm One on One Visits	22 10.30am Social café 11.00am Arm Chair Travel To India 12.00pm Lunch 2.00pm afternoon Movie 4.00pm Room Visits	23 10.30am Social Café 11.00am exercise to music 12.00pm Lunch 1.00pm Bus Trip 2.00pm Afternoon Movie	24 10.30am Social Café 11.00am Exercise To Music 12.00pm Lunch 2.00pm Happy Hour 3.00pm Hydration Cart 4.00pm One on One	10.00am Social Café 10.30am Room Visits 12.00pm Lunch 2.00pm Ice Cream Cart 3.00pm Balloon Games	25 22
2.00pm Hydration Cart 3.00pm One on One Visits	28 10.00am Social Café 11.00am Entertainment 12.00pm Lunch 1.00pm Bus Trip 2.00pm Hydration Cart 3.00pm One on One Visits	Happy Valentine's Day	India Buridatisacom			

THOMPSON HEALTH CARE