



# JUNE 2024

# ACTIVITY CALENDAR - DURAL HOUSE -

THOMPSON  
HEALTH CARE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAYBE SUBJECT TO CANCELLATION OR CHANGE</b>	<b>EXTRA ACTIVITIES:</b> GYM Sessions : by appointment Massage Therapy : by appointment Walk and Talk : by appointment Hornsby Library Visit : 20 Jun Residents' Meeting : Monthly Pain Clinic - Wed & Fri @ 1PM in the Cinema : by appointment with Physio				<b>1</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	<b>2</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
	<b>3</b> 11:00 Musical Exercises 11:00 Quoits @ L1 11:00 Balloons for LG2 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema 6:00 VIVID lights Bus Trip GF★	<b>4</b> 10:30 Jewellery & Knit & Purl 10:30 Movie @ Cinema for LG2 11:00 Yoga Class 2:00 Carpet Bowls 2:00 Quoits for LG2 (AINs) 2:30 Movie @ Cinema 2:00 Walking Group 6:00 VIVID lights Bus Trip LG1★	<b>5</b> 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 2:00 Carpet Bowls 2:00 Garden Walking for LG2 (AINs) 2:30 Pizza Making @ G 2:30 Movie @ Cinema 6:00 VIVID lights Bus Trip LG2★	<b>6</b> 10:30 Jewellery & Knit & Purl 10:30 Catholic Service 11:00 Musical Exercises 11:00 Hand Massage for LG2 2:30 Residents' Meeting and Hospitality Meeting 2:30 Movie @ Cinema 6:00 VIVID lights Bus Trip L1★	<b>7</b> 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Balloons for LG2 2:00 Live Concert and Happy Hour w/ Dion Palumbo 2:30 Movie @ Cinema 6:00 VIVID lights Bus Trip(Extra)★	<b>8</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema
<b>King's Birthday 10</b> 11:00 Musical Exercises 11:00 Word Game @ L1 11:00 Music Therapy for LG2 2:00 Live Concert and w/ Greg Dimmock 2:30 Movie @ Cinema	<b>11</b> 10:00 Bus Trip with LG1 10:30 Jewellery & Knit & Purl 11:00 Yoga Class 11:00 Colours in the Box for LG2 2:00 Carpet Bowls 2:00 Happy Trolley for LG2 (AINs) 2:30 Movie @ Cinema	<b>12</b> 10:00 Jewellery Bus Trip 10:30 Church Service 11:00 Musical Exercises 11:00 Hand & Foot Spa 2:00 Carpet Bowls 2:00 Dancing Activity for LG2(AINs) 2:30 Pizza Making @ LG1 2:30 Movie @ Cinema	<b>13</b> 10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 Musical Exercises 1:30 Art Therapy 2:00 Quoits for LG2 (AINs) 2:00 B I N G O 2:30 Movie @ Cinema	<b>14</b> 10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Music Therapy for LG2 2:00 Live Concert and Happy Hour w/ Ann & Paul 2:30 Movie @ Cinema	<b>15</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	<b>16</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
<b>17</b> 10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Pet Therapy "Pippa" 11:00 Colours in the Box for LG2 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Trivia @ L1 2:30 Movie @ Cinema	<b>18</b> 10:00 Bus Trip with LG1 10:30 Jewellery & Knit & Purl 11:00 Yoga Class 11:00 Music Therapy for LG2 2:00 Carpet Bowls 2:00 Walking Group 2:30 Movie @ Cinema 2:00 Paintings for LG2 (AINs)	<b>19</b> 10:00 Bus Trip 10:30 Church Service 11:00 Hand & Foot Spa 11:00 Musical Exercises 2:00 Carpet Bowls 2:00 Colours in the Box for LG2(AINs) 2:30 Pizza Making @ L1 2:30 Movie @ Cinema	<b>20</b> 10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 Musical Exercises 1:30 Art Therapy 2:00 Happy Trolley for LG2 (AINs) 2:00 B I N G O 2:30 Movie @ Cinema	<b>21</b> 10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Pet Therapy "Leo" 11:00 Balloons for LG2 2:00 Live Concert and Happy Hour w/ Harry Court 2:30 Movie @ Cinema	<b>22</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	<b>23</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls
<b>24</b> 10:00 Bus Trip with G Floor 11:00 Musical Exercises 11:00 Quoits @ L1 11:00 Arts for LG2 1:30 Bus Trip with LG2 2:00 B I N G O 2:30 Word Game @ L1 2:30 Movie @ Cinema	<b>25</b> 10:00 Bus Trip with LG1 10:30 Jewellery & Knit & Purl 11:00 Yoga Class 11:00 Quoits for LG2 2:00 Carpet Bowls 2:00 Balloons for LG2 (AINs) 2:30 Movie @ Cinema	<b>26</b> 10:00-2:00 Picnic Bus Trip 10:30 Church Service 11:00 Musical Exercises 11:00 Hand & Foot Spa 2:00 Carpet Bowls 2:00 Quoits for LG2 (AINs) 2:30 Movie @ Cinema	<b>27</b> 10:00 Bus Trip with L1 10:30 Catholic Service 10:30 Jewellery & Knit & Purl 11:00 Musical Exercises 1:30 Art Therapy 2:00 Dancing Activity for LG2(AINs) 2:00 B I N G O 2:30 Movie @ Cinema	<b>28</b> 10:00 Bus Trip with G Floor 10:00 Scrabble @ Lounge Area 11:00 Hand & Foot Spa 11:00 Colours in the Box for LG2 2:00 Live Concert and Happy Hour w/ Ross Hamilton 2:30 Movie @ Cinema	<b>29</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Carpet Bowls 2:00 B I N G O 2:30 Music Therapy for LG2 2:30 Movie @ Cinema	<b>30</b> 10:30 Coffee & Chat 11:00 Musical Exercises 11:00 Songs of Praise 2:00 B I N G O 2:30 Movie @ Cinema 3:00 Carpet Bowls