

DURAL HOUSE

ACTIVITY GUIDE March 2022 SUBJECT TO CH

TUESDAY 1		WEDNESDAY 2		THURSDAY 3		FRIDAY 4	
	10:00 Bus trip (LG-1)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-2)		10:00 Bus trip (Ground floor)
	10:30 Jewellery making		11:00 Musical Exercises		10:45 Catholic service in chapel		11:00 Musical Exercises
	11:00 Musical Exercises		1:30 Bingo		11:00 Musical Exercises		1:30 Gardening
	1:30 Carpet bowls		2:00 Catholic Service on TV		1:30 Painting with John		2:30 Music entertainment
	2:00 Anglican Church Service on t		2:30 Movie		2:00 Music therapy LG-2		3:00 Happy Hour
	2:30 Movie				2:00 Craft		2:30 Movie
					2:30 Movie		
MONDAY 7		TUESDAY 8		WEDNESDAY 9		THURSDAY 10	
	10:00 Bus trip (Ground floor)		10:00 Bus trip (LG-1)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-2)
	11:00 Musical Exercises		10:30 Jewellery making		11:00 Musical Exercises		10:45 Catholic service in chapel
	1:30 Gardening		11:00 Musical Exercises		1:30 Bingo		11:00 Musical Exercises
	1:30 Down the memory lane		1:30 Carpet bowls		2:00 Catholic Service on TV		1:30 Gardening
	1:30 Bingo		2:00 Anglican Church Service on t		2:30 Movie		2:30 Music entertainment
	2:30 Movie		2:30 Movie				3:00 Happy Hour
							2:30 Movie
MONDAY 14		TUESDAY 15		WEDNESDAY 16		THURSDAY 17	
	10:00 Bus trip (Ground floor)		10:00 Bus trip (LG-1)		10:00 Bus trip (Level 1)		
	11:00 Musical Exercises		10:30 Jewellery making		11:00 Musical Exercises		
	1:30 Gardening		11:00 Musical Exercises		1:30 Bingo		
	1:30 Down the memory lane		1:30 Carpet bowls		2:00 Catholic Service on TV		
	1:30 Bingo		2:00 Anglican Church Service on t		2:30 Movie		
	2:30 Movie		2:30 Movie				
							10:00 Bus trip (Ground floor)
							11:00 Musical Exercises
							1:30 Gardening
							2:30 Music entertainment
							3:00 Happy Hour
							2:30 Movie
MONDAY 21		TUESDAY 22		WEDNESDAY 23		THURSDAY 24	
	10:00 Bus trip (Ground floor)		10:00 Bus trip (LG-1)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-2)
	11:00 Musical Exercises		10:30 Jewellery making		11:00 Musical Exercises		10:45 Catholic service in chapel
	1:30 Gardening		11:00 Musical Exercises		1:30 Bingo		11:00 Musical Exercises
	1:30 Down the memory lane		1:30 Carpet bowls		2:00 Catholic Service on TV		1:30 Painting with John
	1:30 Bingo		2:00 Anglican Church Service on t		2:30 Movie		2:00 Craft
							2:30 Music entertainment
							3:00 Happy Hour &

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2:30 Movie	2:30 Movie		2:30 Movie	Birthdays of the month
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	
10:00 Bus trip (Ground floor)	10:00 Bus trip (LG-1)	10:00 Bus trip (Level 1)	10:00 Bus trip (LG-2)	
11:00 Pet Therapy	10:30 Jewellery making	11:00 Musical Exercises	10:45 Catholic service in chapel	
10:00 Bus trip (Ground floor)	11:00 Musical Exercises	1:30 Bingo	11:00 Musical Exercises	
11:00 Musical Exercises	1:30 Carpet bowls	2:00 Catholic Service on TV	1:30 Painting with John	
1:30 Gardening	2:00 Anglican Church Service on t	2:30 Movie	2:00 Craft	
1:30 Down the memory lane	2:30 Movie		2:30 Movie	
1:30 Bingo				
2:30 Movie				

Activities will run in rooms or in small groups subject to Covid restric

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SATURDAY 5	SUNDAY 6
11:00 Musical Exercises 1:30 Bingo 1:30 Movie & Happy hr - LG-2 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls 1:30 Sing a long LG.2 2:30 Movie (Cinema)
SATURDAY 12	SUNDAY 13
11:00 Musical Exercises 1:30 Bingo 1:30 Movie & Happy hr - LG-2 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls 1:30 Sing a long LG-2 2:30 Movie (Cinema)
SATURDAY 19	SUNDAY 20
11:00 Musical Exercises 1:30 Bingo 1:30 Movie & Happy hr - LG-2 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls 1:30 Sing a long LG.2 2:30 Movie (Cinema)
SATURDAY 26	SUNDAY 27
11:00 Musical Exercises 1:30 Bingo 1:30 Movie & Happy hr - LG-2 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls 1:30 Sing a long LG-2 2:30 Movie (Cinema)

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EXTRA ACTIVITIES :	
Word game challenge - in room Gym sessions:- by appointment Walk and talk:- by appointment Hornsby library visit :- Monthly	Café opens (Mon-Fri) 9:30am - 4.30pm (Sat-Sun) 10am - 4pm

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