




DURAL HOUSE

ACTIVITY GUIDE April 2022 **SUBJECT TO CHANGE**

				FRIDAY 1	SATURDAY 2	SUNDAY 3
	EXTRA ACTIVITIES : Word game challenge - in room Gym sessions:- by appointment Walk and talk:- by appointment Hornsby library visit :- 7 /04/2022	Café opens (Mon-Fri) 9:30am - 4.30pm (Sat-Sun) 10am - 4pm		10:00 Bus trip (Ground floor) 11:00 Carpet Bowls (Activity Room) 2:00 Music entertainment Ross Hamilton (singer) 2:30 Happy Hour 2:30 Movie	11:00 Musical Exercises 1:30 Bingo (Ground floor) 1:30 Movie & Happy hr - LG-2 2:30 Bingo (LG-1) 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls (Chapel) 1:30 Music and massage LG-2 2:30 Movie (Cinema)
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9	SUNDAY 10
10:00 Bus trip (LG1) 11:00 Musical Exercises 1:30 Balloon game (LG-2) 1:30 Bingo 2:00 Anglican Service on t.v 2:30 Movie	10:00 Bus trip (Ground floor) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Carpet bowls 1:30 Trivia 2:30 Movie	10:00 Bus trip (Level 1) 10:30 Classical Music hr 11:00 Musical Exercises 1:30 Bingo 2:30 Movie	10:00 Bus trip (LG-1) 10:45 Catholic service in chapel 11:00 Musical Exercises 1:30 Painting with John 2:00 Knitting group 2:30 Movie	10:00 Bus trip (LG-2) 11:00 Carpet Bowls (Activity Room) 2:00 Music entertainment Mike Tsama (The Elvis Show) 2:30 Happy Hour 2:30 Movie	11:00 Musical Exercises 1:30 Bingo (Ground floor) 1:30 Movie & Happy hr - LG-2 2:30 Bingo (LG-1) 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls (Chapel) 1:30 Music and massage LG-2 2:30 Movie (Cinema)
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	Good FRIDAY 15	SATURDAY 16	SUNDAY 17
10:00 Bus trip (LG1) 11:00 Musical Exercises 1:30 Balloon game (LG-2) 1:30 Bingo 2:00 Anglican Service on t.v 2:30 Movie	10:00 Bus trip (Ground floor) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Carpet bowls 1:30 Trivia 2:30 Movie	10:00 Bus trip (Level 1) 10:30 Classical Music hr 11:00 Musical Exercises 1:30 Bingo 2:30 Movie	10:00 Bus trip (LG-1) 10:45 Catholic service in chapel 11:00 Musical Exercises 1:30 Painting with John 2:00 Craft 2:30 Movie	 2:00 Hymns singing 2:30 Movie	11:00 Musical Exercises 1:30 Bingo (Ground floor) 1:30 Movie & Happy hr - LG-2 2:30 Bingo (LG-1) 2:30 Movie (Cinema)	
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23	SUNDAY 24
10:00 Bus trip (LG1) 11:00 Musical Exercises 1:30 Balloon game (LG-2) 1:30 Bingo 2:00 Anglican Service on t.v 2:30 Movie	10:00 Bus trip (Ground floor) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Carpet bowls 1:30 Trivia 2:30 Movie	10:00 Bus trip (Level 1) 10:30 Classical Music hr 11:00 Musical Exercises 1:30 Bingo 2:30 Movie	10:00 Bus trip (LG-1) 10:45 Catholic service in chapel 11:00 Musical Exercises 1:30 Painting with John 2:00 Knitting group 2:30 Movie	10:00 Bus trip (LG-2) 11:00 Carpet Bowls (Activity Room) 2:00 Music entertainment Eileen on Piano 2:30 Happy Hour 2:30 Movie	11:00 Musical Exercises 1:30 Bingo (Ground floor) 1:30 Movie & Happy hr - LG-2 2:30 Bingo (LG-1) 2:30 Movie (Cinema)	11:00 Hymns and pray 1:30 Carpet bowls(Chapel) 1:30 Music and massage LG-2 2:30 Movie (Cinema)
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	SATURDAY 30	
 11:00 Anzac Service in chapel 1:30 Bingo 2:30 Movie	10:00 Bus trip (Ground floor) 10:30 Jewellery making 11:00 Musical Exercises 1:30 Carpet bowls 1:30 Trivia 2:30 Movie	10:00 Bus trip (Level 1) 10:30 Classical Music hr 11:00 Musical Exercises 1:30 Bingo 2:30 Movie	10:00 Bus trip (LG-1) 10:45 Catholic service in chapel 11:00 Musical Exercises 1:30 Painting with John 2:00 Craft 2:30 Movie	10:00 Bus trip (LG-2) 11:00 Carpet Bowls (Activity Room) 1:30 Residents' meeting 2:00 VIVA European Style Music 2:30 Happy Hour & Birthdays of the month	11:00 Musical Exercises 1:30 Bingo (Ground floor) 1:30 Movie & Happy hr - LG-2 2:30 Bingo (LG-1) 2:30 Movie (Cinema)	

Activities will run in rooms or in small groups subject to Covid restrictions

EXTRA ACTIVITIES :

Bus Trips: Mon - Fri
Walk & Talk : (by session)

**Café
Opens:
(Mon-
Fri)
9:30am -
4.30pm
(Sat-
Sun)
10am -**