




DURAL HOUSE

ACTIVITY GUIDE April 2022 **SUBJECT TO CHANGE**

				FRIDAY 1		SATURDAY 2		SUNDAY 3					
				10:00 Bus trip (Ground floor)		11:00 Musical Exercises		11:00 Hymns and pray					
EXTRA ACTIVITIES :				11:00 Carpet Bowls (Activity Room)		1:30 Bingo (Ground floor)		1:30 Carpet bowls (Chapel)					
Word game challenge - in room		Café opens		2:00 Music entertainment Ross Hamilton (singer)		1:30 Movie & Happy hr - LG-2		1:30 Music and massage LG-2					
Gym sessions:- by appointment		(Mon-Fri) 9:30am - 4.30pm		2:30 Happy Hour		2:30 Bingo (LG-1)		2:30 Movie (Cinema)					
Walk and talk:- by appointment		(Sat-Sun) 10am - 4pm		2:30 Movie		2:30 Movie (Cinema)							
Hornsby library visit :- 7 /04/2022													
MONDAY 4		TUESDAY 5		WEDNESDAY 6		THURSDAY 7		FRIDAY 8		SATURDAY 9		SUNDAY 10	
10:00 Bus trip (LG1)		10:00 Bus trip (Ground floor)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-1)		10:00 Bus trip (LG-2)		11:00 Musical Exercises		11:00 Hymns and pray	
11:00 Musical Exercises		10:30 Jewellery making		10:30 Classical Music hr		10:45 Catholic service in chapel		11:00 Carpet Bowls (Activity Room)		1:30 Bingo (Ground floor)		1:30 Carpet bowls (Chapel)	
1:30 Balloon game (LG-2)		11:00 Musical Exercises		11:00 Musical Exercises		11:00 Musical Exercises		2:00 Music entertainment Mike Tsama (The Elvis Show)		1:30 Movie & Happy hr - LG-2		1:30 Music and massage LG-2	
1:30 Bingo		1:30 Carpet bowls		1:30 Bingo		1:30 Painting with John		2:30 Happy Hour		2:30 Bingo (LG-1)		2:30 Movie (Cinema)	
2:00 Anglican Service on t.v		1:30 Trivia		2:30 Movie		2:00 Knitting group		2:30 Movie		2:30 Movie (Cinema)			
2:30 Movie		2:30 Movie				2:30 Movie							
MONDAY 11		TUESDAY 12		WEDNESDAY 13		THURSDAY 14		Good FRIDAY 15		SATURDAY 16		SUNDAY 17	
10:00 Bus trip (LG1)		10:00 Bus trip (Ground floor)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-1)				11:00 Musical Exercises			
11:00 Musical Exercises		10:30 Jewellery making		10:30 Classical Music hr		10:45 Catholic service in chapel		2:00 Hymns singing		1:30 Bingo (Ground floor)			
1:30 Balloon game (LG-2)		11:00 Musical Exercises		11:00 Musical Exercises		11:00 Musical Exercises		2:30 Movie		1:30 Movie & Happy hr - LG-2			
1:30 Bingo		1:30 Carpet bowls		1:30 Bingo		1:30 Painting with John				2:30 Bingo (LG-1)			
2:00 Anglican Service on t.v		1:30 Trivia		2:30 Movie		2:00 Craft				2:30 Movie (Cinema)			
2:30 Movie		2:30 Movie				2:30 Movie							
MONDAY 18		TUESDAY 19		WEDNESDAY 20		THURSDAY 21		FRIDAY 22		SATURDAY 23		SUNDAY 24	
10:00 Bus trip (LG1)		10:00 Bus trip (Ground floor)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-1)		10:00 Bus trip (LG-2)		11:00 Musical Exercises		11:00 Hymns and pray	
11:00 Musical Exercises		10:30 Jewellery making		10:30 Classical Music hr		10:45 Catholic service in chapel		11:00 Carpet Bowls (Activity Room)		1:30 Bingo (Ground floor)		1:30 Carpet bowls(Chapel)	
1:30 Balloon game (LG-2)		11:00 Musical Exercises		11:00 Musical Exercises		11:00 Musical Exercises		2:00 Music entertainment Eileen on Piano		1:30 Movie & Happy hr - LG-2		1:30 Music and massage LG-2	
1:30 Bingo		1:30 Carpet bowls		1:30 Bingo		1:30 Painting with John		2:30 Happy Hour		2:30 Bingo (LG-1)		2:30 Movie (Cinema)	
2:00 Anglican Service on t.v		1:30 Trivia		2:30 Movie		2:00 Knitting group		2:30 Movie		2:30 Movie (Cinema)			
2:30 Movie		2:30 Movie				2:30 Movie							
MONDAY 25		TUESDAY 26		WEDNESDAY 27		THURSDAY 28		FRIDAY 29		SATURDAY 30			
		10:00 Bus trip (Ground floor)		10:00 Bus trip (Level 1)		10:00 Bus trip (LG-1)		10:00 Bus trip (LG-2)		11:00 Musical Exercises			
11:00 Anzac Service in chapel		10:30 Jewellery making		10:30 Classical Music hr		10:45 Catholic service in chapel		11:00 Carpet Bowls (Activity Room)		1:30 Bingo (Ground floor)			
1:30 Bingo		11:00 Musical Exercises		11:00 Musical Exercises		11:00 Musical Exercises		1:30 Residents' meeting		1:30 Movie & Happy hr - LG-2			
2:30 Movie		1:30 Carpet bowls		1:30 Bingo		1:30 Painting with John		2:00 VIVA European Style Music		2:30 Bingo (LG-1)			
		1:30 Trivia		2:30 Movie		2:00 Craft		2:30 Happy Hour & Birthdays of the month		2:30 Movie (Cinema)			
		2:30 Movie				2:30 Movie							

Activities will run in rooms or in small groups subject to Covid restrictions