

Greetings from the DON

To all families and friends of Bowral House

Wishing everyone a Happy and Safe Christmas and all the best wishes for 2023.

We would like to take this opportunity to thank all our families and visitors for their ongoing support and understanding of our Covid Safe Practices.

It has been a challenging year and we are thankful to our wonderful and supportive staff, residents and families of Bowral House as we continue to navigate the challenging Covid safe environment in Aged Care.

The residents had a wonderful Christmas Party and concert on the Thursday the 8th of December and everyone was thrilled to have a visit from Santa (aka Garth in dress up).

We continue to have regular visits from the Aged Care Quality and Safety Commission to review our Infection Control Compliance, which is standard practice in Aged Care and our most recent review was the 8th of December and we continue to comply with all the standards.

We are looking forward to welcoming 2023 and catching up with all our families in the New Year.

Stay Safe and Best wishes

Collette and Joanne

Bowral House

Activity Highlights

Guided Garden Walks

Recreation staff assisted residents to see the tulips in bloom and walk the length of the garden to the golf course followed by an afternoon tea outdoors at the coffee shop



Piano Concerts

Residents have enjoyed concerts with performances by very skilled piano players and a special poetry recital by resident Mavis.



Magic Show

An afternoon of comedy, magic and audience participation



Melbourne Cup Day

Chef Nic and her staff prepared a special luncheon served with Champagne then residents watched the Cup Everyone had a ticket in the sweeps



Molly dressed up for the occasion, Beryl was a cup winner and David enjoyed the delicious lunch

Christmas Craft



Resident's made cards and Christmas decorations

What's new?

We have started a knitting group which meets every Thursday; members can swap ideas and help each other with projects while having a chat.



A new monthly discussion group "Great Thoughts" led by U3A member Margy has been a success; quotes from famous people are discussed, there is no right or wrong and everyone is able to voice their opinion.

Celebrations

Congratulations to Gwen Willats on her 102nd birthday, Joyce and Ivy who celebrated their 103rd birthdays and to Domitilla who will celebrate her 105th birthday this year

Happy anniversary to Noel and Elizabeth Symonds who celebrated their 59th wedding anniversary. at Bowral House in September with champagne and cake. It was a very pleasant afternoon with lots of positive comments, good wishes and congratulations



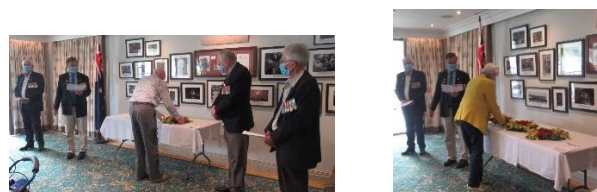
Happy Father's Day

All residents received chocolates on Fathers day



Remembrance Day

A minute's silence was observed and dedicated to those soldiers who died fighting to protect the nation. John Cummins, President of the RSL, conducted a special and residents proudly laid wreaths to honour the fallen.





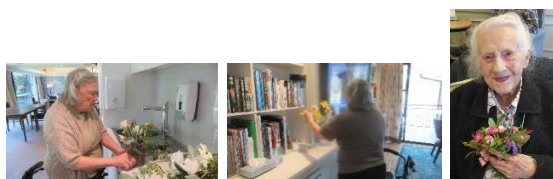
Harry Leonie and Marie laying the wreaths

Christmas Shopping



Residents were able to browse the pop up shop and buy gifts

Resident's contribution



Each week resident, Margrett, brightens common areas, dining tables and resident rooms with vases of fresh flowers she picks from the garden. Residents also receive a bouquet made by Margrett on their birthday. Margrett has a flair for floral arrangement and her work is greatly appreciated by all.

Special Moments

Christmas Lunch



A traditional Christmas Lunch was followed by entertainment with violinist Hayden Wiseman. Residents were mesmerized by this wonderful musician. Santa and Mrs Claus made a visit to every resident stopping to give out gifts.

Upcoming events

15th December - We will be holding an afternoon floral arranging group run by a local florist. At the end of the session each participant will be given a certificate and the arrangement for their room.

22nd December – Great Thoughts with U3A member Margy

31st December - New Year's Eve

From all of us at Bowral House we wish you a very Merry Christmas and a happy New Year

We hope everyone has a safe time over the festive season and look forward to seeing you in 2023.