



APRIL 2025 ACTIVITY CALENDAR - WAHROONGA HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Other Activities Wattle Activities Pain Clinic : Wed & Fri 11am Bus Trips : Mon, Wed, Fri Hair Dresser : Wed, Thu & Fri Room Visits : Mon - Fri Carpet Bowls - By invitation Foot Spa - By invitation	1 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bingo 1:30 Trivia 2:00 Sing A Long 2:45 Anglian O/Service 3:00 Movie (Channel 512)	2 10:00 Coffee Club 10:15 Exercise to Music 11:00 Carpet Bowls 1:30 Cognitive Activity 3:00 Music Therapy 3:00 Movie (Channel 512)	3 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bingo 1:30 Newspaper Discussion 2:00 Balloon Tennis 2:45 Catholic O/L Service 3:00 Movie (Channel 512)	4 10:00 Coffee Club 10:15 Exercise to Music 11:00 Barker Students 1:30 Entertainment - Dan 2:00 One On Ones 3:00 Happy Hour 3:00 Movie (Channel 512)	5 10:00 Coffee Club 10:30 Exercise 1:15 Carpet Bowls 2:00 Bean Bag Toss 3:00 Movie (Channel 512)	6 10:00 Coffee Club 11:00 Church Service 1:15 Podcast Discussion 2:00 Bingo 3:00 Movie (Channel 512)
7 10:00 Coffee Club 10:15 Exercise to Music 11:00 Foot Spa 1:30 Word Flip (B) 2:00 Afternoon Tea - Cafe 3:00 Movie (Channel 512)	8 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bingo 1:30 Trivia 2:00 Carpet Bowls 2:45 Anglian O/Service 3:00 Movie (Channel 512)	9 10:00 Coffee Club 10:15 Exercise to Music 11:00 Carpet Bowls 1:30 Cognitive Activity 3:00 Music Therapy 3:00 Movie (Channel 512)	10 10:00 Coffee Club 10:15 Exercise to Music 11:00 Knitting 1:30 Armchair Travel 2:00 Bean Bag Toss 2:45 Catholic O/L Service 3:00 Movie (Channel 512)	11 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bible Studies 1:30 Jewellery 2:00 One On Ones 3:00 Happy Hour 3:00 Movie (Channel 512)	12 10:00 Coffee Club 10:30 Exercise 1:15 Bingo 2:00 Balloon Tennis 3:00 Movie (Channel 512)	13 10:00 Coffee Club 11:00 Church Service 1:15 Entertainment - Khanh 2:00 Bingo 3:00 Movie (Channel 512)
14 10:00 Coffee Club 10:15 Exercise to Music 11:00 Foot Spa 1:30 Word Games 2:00 Afternoon Tea - Cafe 3:00 Movie (Channel 512)	15 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bingo 1:30 Virtual Trivia © 2:00 Sing A Long 3:00 Anglian C/Service 3:00 Movie (Channel 512)	16 10:00 Coffee Club 10:15 Exercise to Music 11:00 Carpet Bowls 1:30 Cognitive Activity 3:00 Music Therapy 3:00 Movie (Channel 512)	17 10:00 Coffee Club 10:15 Exercise to Music 11:00 Welcome Morning Tea 11:00 Catholic C/Service 1:30 Entertainment - Hugh 2:30 Balloon Tennis 3:00 Movie (Channel 512)	18 10:00 Coffee Club 10:15 Exercise to Music 11:00 Trivia 1:30 Bingo 2:00 One On Ones 3:00 Happy Hour 3:00 Movie (Channel 512) Good Friday	19 10:00 Coffee Club 1:15 Carpet Bowls 2:00 Bean Bag Toss 3:00 Movie (Channel 512)	20 10:00 Coffee Club 11:00 Church Service 1:15 Word Game 2:00 Bingo 3:00 Movie (Channel 512) Easter
21 10:00 Coffee Club 10:15 Exercise to Music 11:00 Foot Spa 1:30 Word Games 2:00 Afternoon Tea - Cafe 3:00 Movie (Channel 512) Easter Monday	22 10:00 Coffee Club 10:15 Exercise to Music 11:00 Bingo 1:30 Trivia 2:00 Carpet Bowls 2:45 Anglian O/Service 3:00 Movie (Channel 512)	23 10:00 Coffee Club 10:15 Exercise to Music 11:00 Resident's Meeting 1:30 Cognitive Activity 3:00 Music Therapy 3:00 Movie (Channel 512)	24 10:00 Coffee Club 10:30 ANZAC Day Ceremony 1:30 Two Up 2:00 Bean Bag Toss 2:45 Catholic O/L Service 3:00 Movie (Channel 512) Anzac Day Ceremony	25 10:00 Coffee Club 10:15 Exercise to Music 11:00 Carpet Bowls 1:30 Word Games 2:00 One On Ones 3:00 Happy Hour 3:00 Movie (Channel 512) Anzac Day	26 10:00 Coffee Club 10:30 Exercise 1:15 Bingo 2:00 Balloon Tennis 3:00 Movie (Channel 512)	27 10:00 Coffee Club 11:00 Church Service 1:15 Podcast Discussion 2:00 Bingo 3:00 Movie (Channel 512)
28 10:00 Coffee Club 10:15 Exercise to Music 11:00 Foot Spa 1:30 Word Flip © 2:00 Afternoon Tea - Cafe 3:00 Movie (Channel 512)	29 10:00 Coffee Club 10:15 Exercise to Music 11:00 Sing For Joy Choir 1:30 Virtual Trivia (B) 2:00 Sing A Long 2:45 Anglian C/Service 3:00 Movie (Channel 512)	30 10:00 Coffee Club 10:15 Exercise to Music 11:00 Carpet Bowls 1:30 Cognitive Activity 3:00 Music Therapy 3:00 Movie (Channel 512)	UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE			