

MAY 2022 ACTIVITY PLANNER – BOWRAL HOUSE

MON TUE WED THUR FRI SUN SAT 31 30 10 45am 10.45am Singalong 10.45am Conversation Exercise to Music Hour 2pm Physiotherapy 1.30pm Piano 3pm Exercise concert HAPPY HOUR With David 230pm St Jude's Birthday Party Service 7 5 6 2 Δ 8 10 45am 10.45am Bingo 10.45am Singalong 10.45am Exercise to 10.45am Seated Conversation music 2pm Drawing 10.45am Ouiz Exercise 10.45am Bingo Hour 2pm Physiotherapy Demonstration with 1.45pm Movie 3pm Happy Hour 2pm Quiz 2pm Balloon 1.45pm Movie Exercise 2pm – Pet therapy 2pm St Iude's Tracev Exercise With David Service (13) (11 (14) (10) 12 10.45am 10.45am Exercise to 10.45am Singalong Conversation 10.45am Seated music 2pm Physiotherapy 10.45am Ouiz 10.45am Bingo Hour 3pm Happy Hour 10.45am Bingo Exercise Exercise 1.45pm Movie 2pm Balloon 1.45pm Movie 2pm Seated Yoga 2pm Craft With David 2pm – Pet therapy Exercise 2pm St Jude's Service 18 (20) 16 22 17 10.45am Singalong 10.45am Exercise to 10.45am Bingo 10.45am Seated 10.45am 21 2pm Physiotherapy 2pm Drawing 10.45am Ouiz Exercise Conversation music Exercise 3pm Happy Hour 1.45pm Movie 2pm Chocolate 10.45am Bingo Demonstration with Hour With David 2pm Pet therapy Ŵheel 2pm – Balloon 1.45pm Movie Tracev Exercise 2pmSt Jude's Service 25 27 26 28 23 10.45am Singalong 10.45am 10.45am Bingo Conversation 10.45am Ouiz 10.45am Exercise to 2pm Seated Yoga 10.45am Bingo Hour 2pm Physiotherapy 1.45pm Movie 10.45am Seated 2pm Balloon music 1.45pm Movie Exercise 2pm – Pet therapy Exercise Exercise 2pm[•]St Jude's With David 2pm Ice cream Bar 3pm Happy Hour Service