

### Greetings from the DON and DDON

It is so exciting with Spring on the way and the first tulips in our courtyards starting to bloom. We cannot wait to see the warmer weather arrive and residents out and about enjoying the sunshine.

As everyone is aware we had our first Covid outbreak since the start of the pandemic at Bowral House from the end of July to mid August and we are currently busy restocking our personal protective equipment and reviewing our procedures. We are very thankful and appreciative of the amazing support from residents and their families and staff during that difficult time.

Just a gentle reminder to please stay away from Bowral House if you feel unwell or have any flu symptoms and Covid test immediately.

As you can see by the wonderful photos our residents continue to enjoy and participate in many of our wonderful activities. We welcomed a new staff member, Paul, to our energetic recreation team. Paul is keen to encourage our residents out on our weekly bus trips with him, something for everyone to look forward too.

Just a reminder, if you have any queries or wish to discuss anything with me or Jo please feel free to give us a call or see us when you visit Bowral House.

Wishing everyone a happy and safe October long weekend

Collette and Joanne

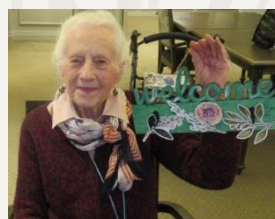
DON and DDON Bowral House

### Activity Highlights

#### Cooking



#### Craft



#### Music



Molly is a skilled musician



Greg Dymock multi-instrumentalist performing at Bowral House

#### Pet Therapy

Residents enjoy weekly visits with Maryanne and Ewan, Chef Katie visited with Higgins

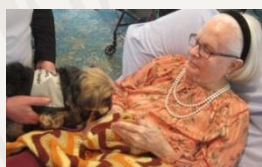






### Special Moments

Maryanne presented an interesting talk on Egypt



### New Activities

We have added to our exercise group; residents enjoy team work to keep the balloon in place.



### Celebrations



*Judy cutting the cake at the June Birthday Party*



*Beryl and Harry celebrated their wedding anniversary with cake and champagne*



Cob has shared her know how and helped look after the Hatching Chicks

**More photos will be available in resident's individual portfolios**