THOMPSON HEALTH CARE

JUNE 2022 ACTIVITY CALENDAR - BOWRAL HOUSE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunda | y |
|--|-------------------------|--|--|--|--|---|------------|
| DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE | | 10.45 Bingo | 1 10.45 Quiz 11.00 Anglican service | 2 10.30 Communion 10.45 Seated Movement | 3 10.45 Bingo | 4 10.45 St Jude's serv on TV in Dat | |
| | | 2.00 Seated yoga | 1.45 Movie time 2.00 Pet therapy | 2.00 Craft | 2.00 Balloon exercise | 2.00 ABC Conversa | ation hour |
| 6 10.45 CONCERT A swag full of Instruments | 10.45 Exercise to music | 7 10.45 Bingo | 8 10.45 Quiz 11.00 Catholic service | 9 10.30 Communion 10.45 Gentle exercise | 10 10.45 Bingo 2.00 Balloon exercise | 11 10.45 St Jude's serv on TV in Dat | |
| 2.00 Physiotherapy | 2.00 Happy hour | 2.00 Drawing demonstration | 1.45 Movie time2.00 Pet therapy | 2.30 Quiz | | 2.00 ABC Conversa | ation hour |
| 13 10.45 Sing along | 10.45 Exercise to music | 14 10.45 Bingo | 15 10.45 Quiz | 16 10.30 Communion | 17 10.45 Bingo | 10.45 St Jude's serv | 19 vice |
| 2.00 Physiotherapy | 2.00 Resident's meeting | 2.00 Smile and Sway gently exercise | 1.45 Movie time | 10.45 Gentle exercise 2.30 Biscuit baking | 2.00 Balloon exercise | on TV in Dat 2.00 ABC Conversa | ffodil |
| 20 10.45 Sing along | 10.45 Exercise to music | 21 21 22 20 20 20 20 20 20 20 20 20 20 20 20 | 22 10.45 Quiz | 23 10.30 Communion 10.45 Gentle exercise | 24 10.45 Bingo | 25 10.45 St Jude's serv on TV in Dat | |
| 2.00 Physiotherapy | 3.00 Happy hour | 2.00 Drawing demonstration | 1.45 Movie time | 2.30 Ice-creamery | 2.00 Balloon exercise | 2.00 ABC Conversa | ation hour |
| 27 | | 28 | 29 | 30 | | | |
| 10.45 Sing along | 10.45 Exercise to music | 10.45 Bingo | 10.45 Quiz | | | | |
| 2.00 Physiotherapy | 3.00 Birthday party | 2.00 Seated yoga | 1.45 Movie time | | | | |