

APRIL 2022 ACTIVITY PLANNER

Bowral House

MON	TUE	WED	THUR	FRI	SAT	SUN
<p>●</p> <p>Easter Hat parade Prizes for the best hat made in craft group</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>1</p> <p>10.45 - Seated Movement Program First floor</p> <p>2pm - Quiz Group First floor lounge</p>	<p>2</p> <p>10.45 Bingo Ground Floor</p> <p>2pm - Giant Balloon Exercise 1st Floor</p>	<p>3</p> <p>10.45 - Conversation Hour</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or lounge room</p>
<p>4</p> <p>10.45 Sing along Ground floor</p> <p>2pm - Physio Exercise 1st floor</p>	<p>5</p> <p>10.45 Exercise to music Ground floor</p> <p>3pm - Happy Hour Ground floor Lounge</p>	<p>6</p> <p>10.45 - Bingo Ground floor</p> <p>2.30 - Drawing Demonstration Ground floor lounge</p>	<p>7</p> <p>10.45 - Quiz First floor</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or loungeroom</p>	<p>8</p> <p>10.45 - Seated Movement Program First floor</p> <p>2pm - Craft group Ground floor dining room Easter Hats</p>	<p>9</p> <p>10.45 Bingo Ground Floor</p> <p>2pm - Giant Balloon Exercise 1st Floor</p>	<p>10</p> <p>10.45 - Conversation Hour</p> <p>1.45 - Afternoon Movie Channel 510 or 511</p>
<p>11</p> <p>10.45 Sing along Ground floor</p> <p>2pm - Physio Exercise 1st floor</p>	<p>12</p> <p>10.45 Exercise to music</p> <p>2pm - Resident Meeting first floor Lounge</p>	<p>13</p> <p>10.45 - Bingo Ground floor</p> <p>2pm - Seated Yoga 1st floor lounge</p>	<p>14</p> <p>10.45 - Quiz First floor</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or loungeroom</p>	<p>15</p> <p>GOOD FRIDAY 10.45 - Seated Movement Program First floor</p> <p>2pm - Craft group Ground floor dining room</p>	<p>16</p> <p>EASTER SATURDAY 10.45 Bingo Ground Floor</p> <p>2pm - Giant Balloon Exercise 1st Floor</p>	<p>17</p> <p>EASTER SUNDAY 10.45 - Conversation Hour</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or lounge room</p>
<p>18</p> <p>EASTER MONDAY 10.45 Sing along Ground floor</p> <p>2pm - Physio Exercise 1st floor</p>	<p>19</p> <p>10.45 Exercise to music Ground floor</p> <p>3pm - Happy Hour Ground floor Lounge</p>	<p>20</p> <p>10.45 - Bingo Ground floor</p> <p>2.30 - Drawing Demonstration Ground floor lounge</p>	<p>21</p> <p>10.45 - Quiz First floor</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or loungeroom</p>	<p>22</p> <p>10.45 - Seated Movement Program First floor</p> <p>3pm - ANZAC Service first floor lounge</p>	<p>23</p> <p>10.45 Bingo Ground Floor</p> <p>2pm - Giant Balloon Exercise 1st Floor</p>	<p>24</p> <p>10.45 - Conversation Hour</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or lounge room</p>
<p>25</p> <p>ANZAC DAY 10.45 Sing along Ground floor</p> <p>2pm - Physio Exercise 1st floor</p>	<p>26</p> <p>10.45 Exercise to music Ground floor</p> <p>2pm - Birthday Party Ground floor Lounge</p>	<p>27</p> <p>10.45 - Bingo Ground floor</p> <p>2pm - Seated Yoga 1st floor lounge</p>	<p>28</p> <p>10.45 - Quiz First floor</p> <p>1.45 - Afternoon Movie Channel 510 or 511 own room or loungeroom</p>	<p>29</p> <p>10.45 - Seated Movement Program First floor</p> <p>2pm - Craft Group Ground floor lounge</p>	<p>30</p> <p>10.45 Bingo Ground Floor</p> <p>2pm - Giant Balloon Exercise 1st Floor</p>	<p>●</p>



THOMPSON
HEALTH CARE