

## OCTOBER 2022 ACTIVITY CALENDAR - BORONIA HOUSE

| Monday  | Tuesday   | Wodposday                          | Thursday   | Friday                            | Saturday   | Sunday  |
|---|---|------------------------------------|--|-----------------------------------|--|---|
| Monday  |   | Wednesday                          | Thursday   | riiday                            | Saturday   | Sunday  |
| 9.30AM EXERCISE 11AM BINGO 2PM MILKSHAKES 2PM DAILY MOVIE | DUE TO  UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE | 9: <sub>1</sub>                    |  |                                   | 9.30AM EXERCISE<br>11AM BINGO<br>2PM DAILY MOVIE | 9.30AM EXERCISE 11AM CHAIR TENNIS 2PM DAILY MOVIE |
| 3   | 4   | 5                                  | 6  | 7                                 | 8  | 9   |
| 9.30AM EXERCISE   | 9.30AM MUSIC THERAPY  | 9.30AM EXERCISE                    | 9.30AM EXERCISE  | 9.30AM MUSIC THERAPY              | 9.30AM EXERCISE                                  | 9.30AM EXERCISE                                   |
| 11AM SINGALONG  | 11AM PHYSIO EXERCISE  | 11AM SING-ALONG                    | 10AM BUS TRIP  | 11AM PHYSIO EXERCISE              | 11AM WORD/QUIZ GAMES                             | 11AM BINGO  |
| 2PM DAILY MOVIE   | 2PM BUS TRIP<br>2PM DAILY MOVIE   | 2PM BINGO<br>2PM DAILY MOVIE       | 11AM CRAFT  2PM GARDENING GROUP  2PM DAILY MOVIE       | 2PM HAPPY HOUR<br>2PM DAILY MOVIE | 2PM DAILY MOVIE                                  | 2PM DAILY MOVIE                                   |
| 10  | 11  | 12                                 | 13   | 14                                | 15   | 16  |
| 9.30AM EXERCISE   | 9.30AM WALKING GROUPS   | 9.30AM EXERCISE                    | 9.30AM EXERCISE  | 9.30AM MUSIC THERAPY              | 9.30AM EXERCISE                                  | 9.30AM EXERCISE                                   |
| 11AM BINGO  | 11AM PHYSIO EXERCISE  | 11AM LETTER OF THE DAY             | 10AM BUS TRIP  | 11AM PHYSIO EXERCISE              | 11AM BINGO                                       | 11AM LETTER OF THE DAY                            |
| 2PM ICE CREAM TROLLEY<br>2PM DAILY MOVIE                  | 2PM BUS TRIP<br>2PM DAILY MOVIE   | 2PM BINGO<br>2PM DAILY MOVIE       | 2PM MOVIE IN CINEMA<br>WITH POPCORN<br>2PM DAILY MOVIE | 2PM HAPPY HOUR<br>2PM DAILY MOVIE | 2PM DAILY MOVIE                                  | 2PM DAILY MOVIE                                   |
| 17  | 18  | 19                                 | 20   | 21                                | 22   | 23  |
| 9.30AM EXERCISE   | 9.30AM WORD/QUIZ GAMES  | _                                  | 9.30AM EXERCISE  | 9.30AM MUSIC THERAPY              | 9.30AM EXERCISE                                  | 9.30AM EXERCISE                                   |
| 11AM BINGO  | 11AM PHYSIO EXERCISE  | 11AM DANCING                       | 10AM BUS TRIP  | 11AM PHYSIO EXERCISE              | 11AM NAIL CARE                                   | 11AM BINGO  |
| 2PM MILKSHAKES<br>2PM DAILY MOVIE                         | 2PM BUS TRIP<br>2PM DAILY MOVIE   | 2PM BINGO<br>2PM DAILY MOVIE       | 2PM GARDENING GROUP<br>2PM DAILY MOVIE                 | 2PM HAPPY HOUR<br>2PM DAILY MOVIE | 2PM DAILY MOVIE                                  | 2PM DAILY MOVIE                                   |
| 24  | 25  | 26                                 | 27   | 28                                | 29   | 30  |
| 9.30AM EXERCISE   | 9.30AM WALKING GROUPS   | 9.30AM EXERCISE                    | 9.30AM EXERCISE  | 9.30AM MUSIC THERAPY              | 9.30AM EXERCISE                                  | 9.30AM EXERCISE                                   |
| 11AM CHEF MEETING WITH<br>RESIDENTS                       |   | 11AM RAO MEETING WITH<br>RESIDENTS | 10AM BUS TRIP  | 11AM PHYSIO EXERCISE              | 11AM BINGO                                       | 11AM WALKING GROUPS                               |
| 2PM ICE CREAM TROLLEY<br>2PM DAILY MOVIE                  | 2PM BUS TRIP<br>2PM DAILY MOVIE   | 2PM BINGO<br>2PM DAILY MOVIE       | 2PM MOVIE IN CINEMA<br>WITH POPCORN<br>2PM DAILY MOVIE | 2PM HAPPY HOUR<br>2PM DAILY MOVIE | 2PM DAILY MOVIE                                  | 2PM DAILY MOVIE                                   |