

JANUARY 2023 ACTIVITY CALENDAR - BORONIA HOUSE

| THOMPSON HEALTH CARE | | | | | | |
|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE | 4TH OPEN DISCLOSURE SESSION WITH DON 11AM IN VICTORIA LOUNGE | 10TH RESIDENTS MEETING 11AM VICTORIA LOUNGE | 18TH SIRS SESSION WITH RESIDENTS 11AM VICTORIA LOUNGE | 31ST ANACC AND ITS FUNDING SESSION 11AM VICTORIA LOUNGE AN-ACC | | HAPPY NEW YEAR 2026 HAPPY NEW YEARI |
| PUBLIC HOLIDAY | 9.30AM YOGA 10.30AM COMMUNION 11AM SING-A-LONG 2PM BUS TRIP | 9.30AM NEWS CIRCLE 11AM LETTER OF THE DAY 2PM BINGO LETTER OF THE DAY | 9.30AM EXERCISE 10AM BUS TRIP 2PM GARDENING GROUPS | 9.30AM NEWS CIRCLE 10AM MUSIC THERAPY 11AM PHYSIO EXERCISE 2PM HAPPY HOUR | 7 10AM EXERCISE 11AM BINGO 2PM NAIL CARE | 10AM NEW CIRCLE 11AM SONGS OF PRAISE 2PM WALKING GROUPS |
| 9.30AM EXERCISE 11AM BINGO 2PM ICE CREAM TROLLEY | 9.30AM YOGA 10AM ARTS/CRAFT 2PM BUS TRIP | 9.30AM NEWS CIRCLE 10AM DANCING 11AM WALKING GROUPS 2PM BINGO | 9.30AM EXERCISE 10AM BUS TRIP 2PM BALL GAMES | 9.30AM YOGA 10AM TRIVIA 11AM MASS 2PM BINGO | 10AM NEWS CIRCLE 11AM LETTER OF THE DAY 2PM MOBLIE LIBRARY | 10AM EXERCISE 11AM BINGO 2PM DOLL THERAPY |
| 9.30AM EXERCISE 11AM BINGO 2PM MILKSHAKE TROLLEY | 9.30AM NEWS CIRCLE 10AM LETTER OF THE DAY 10.30AM COMMUNION 2PM BUS TRIP | 9.30AM NEWS CIRCLE 10AM ANGLICAN CHURCH 11AM CRAFT 2PM BINGO | 9.30AM EXERCISE 10AM BUS TRIP 2PM GARDENING GROUPS | 9.30AM NEW CIRCLE 10AM QUIZZES 11AM PHYSIO EXERCISE 2PM HAPPY HOUR | 10AM NEWS CIRCLE 11AM BINGO 2PM CHAIR TENNIS | 10AM YOGA 11AM SINGING GROUPS 2PM JEWELLERY MAKING |
| 9.30AM EXERCISE 11AM BINGO 2PM ICE CREAM TROLLEY | 9.30AM YOGA 10AM SING-A-LONG 10.30AM COMMUNION 2PM BUS TRIP | 9.30AM NEWS CIRCLE 10.30AM BIRTHDAY CELEBRATION | AUSTRALIA DAY | 10AM NEWS CIRCLE 10.30AM ARMCHAIR TRAVEL 11AM PHYSIO EXERCISE 2PM HAPPY HOUR WITH DALE | 10AM NEWS CIRCLE 11AM NAIL CARE 2PM WALKING GROUPS | 10AM EXERCISE 11AM BINGO 2PM READING GROUPS Reading Groups |