OCTOBER ACTIVITY PLANNER 2022

Beecroft House

MON	TUE	WED	THUR	FRI	SAT	SUN
DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE.			**1** 9:30 Flashcards (L1) 10.00 Social Cafe 11.00 Exercise for fitness 1:00 Bus outing 2:30 Afternoon Movie	**2** 9:30 Ball games (L1) 10:00 Social Cafe 11:00 Exercise Class 2.00 Garden Club 3.30 Musical Concert	**3** 10.00 Room visit and newspaper delivery 11.00 Exercise &Balloon games 1.30 Saturday Movie 2.00 Ice cream cart 3.00 One on One exercise	**4** 10.00 Room visit & newspaper 11.00 Exercise to music 11.30 Religious service 1.30 Active Games 2.30 Mens Group 3.30 Garden Walk
5 9:30 Music Therapy (L1) 10:00 Social Cafe 11:00 Carpet bowls 2:00 Arts and Crafts 3.30 Andre Rieu Concert	**6** 9:30 Arm Chair Yoga (L1) 10:00 Social Cafe 11:00 Entertainment 2:00 Happy Hour & Afternoon Movie	**7** 9:30 Music Therapy (L1) 10:00 Social Cafe 11:00 Entertainment 2:00 Bingo 3.30 Room Visits	**8** 9:30 Ball games (L1) 10.00 Social Cafe 11.00 Exercise for Fitness 1:00 Bus outing 2:30 Afternoon Movie	**9** 9:30 Hoopla (L1) 10:00 Social Cafe 11.00 Exercise class 2.00 Garden Club 3.30 Musical Concert	**10** 10.00 Room visit and newspaper delivery 11.00 Exercise &Balloon games 1.30 Saturday Movie 2.00 Ice cream cart 3.00 One on One exercise	**11** 10.00 Room visit & newspaper 11.00 Exercise to music 11.30 Religious service 1.30 Active Games 2.30 Mens Group 3.30 Garden Walk
12 9:30 Music Therapy (L1) 10:00 Social Cafe 11:00 Carpet bowls 2:00 Arts and crafts 3.30 Andre Rieu Concert	**13** 9:30 Sing A Long (L1) 10:00 Social Cafe 10:30 Holy Communion 11:00 Entertainment 2:00 Happy Hour & Afternoon Movie	**14** 9:30 Basket Ball (L1) 10:00 Social Cafe 11:00 Entertainment 2:00 Bingo 3.30 Room Visits	**15** 9:30 Flashcards (L1) 10:00 Social Cafe 11:00 Exercise for fitness 1:00 Bus outing 2:30 Afternoon Movie	**16** 9:30 Ball Games (L1) 10:00 Social Cafe 11:00 Exercise Class 2:00 Garden Club 3.30 Musical Concert	**17** 10.00 Room visit and newspaper delivery 11.00 Exercise &Balloon games 1.30 Saturday Movie 2.00 Ice cream cart 3.00 One on One exercise	**18** 10.00 Room visit & newspaper 11.00 Exercise to music 11.30 Religious service 1.30 Active Games 2.30 Mens Group 3.30 Garden Walk
19 9:30 Music Therapy (L1) 10:00 Social Cafe 11:00 Carpet Bowls 2:00 Garden Walk 3.30 Andre Rieu Concert	**20** 9.30 Arm Chair Yoga 10.00 Social Cafe 11.00 Entertainment 2.00 Womens Club 3.00 Happy Hour & Concert	**21** 9:30 Sing A Long (L1) 10:00 Social Cafe 11:00 Entertainment 2.00 Bingo 3.30 Room Visits	**22** 9:30 Ball games (L1) 10.00 Social Cafe 11.00 Exercise for fitness 1:00 Bus outing 2:30 Afternoon Movie	**23** 9:30 Hoopla (L1) 10:00 Social Cafe 11:00 Exercise Class 2:00 Garden Club 3.30 Musical Concert	**24** 10.00 Room visit and newspaper delivery 11.00 Exercise &Balloon games 1.30 Saturday Movie 2.00 Ice cream cart 3.00 One on One exercise	**25** 10.00 Room visit & newspaper 11.00 Exercise to music 11.30 Religious service 1.30 Active Games 2.30 Mens Group 3.30 Garden Walk
26 9:30 Music Therapy (L1) 10:00 Social Cafe 11:00 Carpet Bowls 2:00 Residents monthly Birthdays & Halloween Party	**27** 9:30 Music Therapy (L1) 10:00 Social Cafe 11.00 Entertainment 2.00 Womens Club 3.00 Happy Hour & Afternoon Movie	**28** 9:30 Basket Ball (L1) 10:00 Social Cafe 11.00 Multicultural Day (India) 2:00 Bingo 3.30 Room Visits	**29** 9:30 Hoopla (L1) 10.00 Social Cafe 11.00 Exercise for fitness 1:00 Bus outing 2:30 Afternoon Movie	**30** 9:30 Ball Games (L1) 10:00 Pancakes in cafe 11:00 Exercise Class 2:00 Garden Club 3.30 Musical Concert	**31** 10.00 Room visit and newspaper delivery 11.00 Exercise &Balloon games 1.30 Saturday Movie 2.00 Ice cream cart 3.00 One on One exercise	DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE.

It's Halloween! It's Halloween!
The moon is full and bright
And we shall see what can't be seen
On any other night.

THOMPSON
HEALTH CARE