

MON	TUE	WED	THUR	FRI	SAT	SUN
9-10.30 NEWSPAPER DELIVERY & DAILY ROOM VISITS	3.45 -4.45 HAPPY HOUR DAILY	10.00 Aromatherapy 1 10.45 Balance & Strength 1.15 Bus Trip 1.45 Reminiscing 2.00 Movie Time (D)	2 11.00 Exercise 11.00 Exercise (D) 1.45 Balloon Tennis	3 10.00 Bus Trip 11.00 Exercise 1.45 Italian Day Celebration 2.00 Hand Massage (D)	4 11.00 Exercise 1.45 Bingo	5 11.00 Songs of Praise 1.45 Sunday Movie & Ice Cream Trolley
6 11.00 Exercise & News reporting 1.45 Residents/DON Meeting 2.00 Reminiscing (D)	7 9.30 Pet Therapy (D) 10.00 Hairdresser 10.30 Walks & Talks 1.45 Poetry	8 10.00 Aromatherapy 10.45 Balance & Strength 1.15 Bus Trip 1.45 History Of Sydney 2.00 Movie Time (D)	9 11.00 Exercise 11.00 Exercise (D) 1.45 Leyla Concert	10 10.00 Bus Trip 11.00 Exercise 1.45 Carpet Bowls 2.00 Flower Arranging (D)	11 11.00 Exercise 1.45 Bingo	12 11.00 Songs of Praise 1.45 Sunday Movie & Ice Cream Trolley
13 QUEENS BIRTHDAY CELEBRATION 11.00 Exercise & News Reporting 1.45 Jubilee High Tea 2.00 Reminiscing (D)	14 10.00 Hairdresser 10.30 Walks & Talks 1.45 Word Games 2.00 Singalong (D)	15 10.00 Aromatherapy 10.45 Balance & Strength 1.15 Bus Trip 1.45 The Queen Unseen Documentary 2.00 Movie Time (D)	16 11.00 Exercise 11.00 Cooking (D) 1.45 Singalong	17 10.00 Bus Trip 10.30 Christian Service 1.45 Ageless Moves 2.00 Hand Massage (D)	18 11.00 Exercise 1.45 Bingo	19 11.00 Songs of Praise 1.45 Sunday Movie & Ice Cream Trolley
20 11.00 Exercise & News Reporting 1.45 Carpet Bowls 2.00 Reminiscing (D)	21 9.30 Pet Therapy (D) 10.00 Hairdresser 10.30 Walks & Talks 1.45 Poetry	22 10.45 Catholic Service 10.45 Music therapy 1.15 Bus Trip 1.45 Documentary 2.00 Movie Time (D)	23 SPRING CLEANING DAY 11.00 Movie DVD 11.00 Exercise (D) 1.45 Ballet DVD	24 10.00 Bus Trip 11.00 Exercise 1.45 Keff Concert 2.00 Hand Massage (D)	25 11.00 Exercise 1.45 Bingo	26 11.00 Songs of Praise 1.45 Sunday Movie & Ice Cream Trolley
27 11.00 Exercise & News Reporting 1.45 Art and Craft 2.00 Reminiscing (D)	28 10.00 Hairdresser 10.30 Walks & Talks 1.45 Word Games	29 10.00 Aromatherapy 10.45 Balance & Strength 1.15 Bus Trip 1.45 Carpet Bowls 2.00 Movie Time (D)	30 11.00 The Biggest Morning Tea 11.00 Smoothie Making (D) 1.45 Lyric Trio			