

AUGUST 2022 ACTIVITY CALENDAR - MACLEAY VALLEY HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 9.30 - Coffee in the Café 10.15am - Seated Fitness Fun 10.45am - 1-1 Support Visits 11.00am - Piano Playing 2.00pm - Quiz/Games	3 10.00am - Shopping Kiosk in the Café 10.30am - Arm Chair Travel 10.30am - Mens Group 2.00pm - Drumming 2.00pm - Church Karaoke	4 9.30am - Coffee in the Café 10.15am - Scenic Bus Outing 10.15am - Carpet Bowls 1.15pm - Scenic Bus Outing with Ice Cream 3.00pm - 1-1 Support Visits	5 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 10.45am - Bingo 11.00am - Church Karaoke 1.30pm - 2.30pm Happy Hour with Barry Noble	6 9.30am - Coffee in the Café & Newspaper Reading 10.20am - Table Games Independent Activities Snooker Colouring in for fun Cards	7 9.am - Church Karaoke 10.20 - Bingo In House TV everyday Channel 700 Musical Concert 10.00am & 2.00pm Channel 701 DVD Movies 10.00am & 1.30pm
8 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 10.30 - 1-1 Support Visits 11.00am - Falls Prevention 11.00am - Falls Prevention 2.00pm - Bingo	9 9.30 - Coffee in the Café 10.15am-Seated Fitness Fun 10.45am - 1-1 Support Visits 11.00am - Piano Playing 2.00pm - Quiz/Games	10 10.00am - Shopping Kiosk in the Café 10.30am - Music Appreciation 10.30am - 1-1 Support Visits 2.00pm - Music & Milkshakes 2.00pm - Church Karaoke	11 9.30am - Coffee in the Café 10.15am - Scenic Bus Outing 10.15am - Carpet Bowls 1.15pm - Scenic Bus Outing with Ice Cream 3.00pm - 1-1 Support Visits	12 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 10.45am - Bingo 11.00am - Church Karaoke 1.30pm - 2.30pm Happy Hour with Trevor	13 9.30 - Coffee in the Café & Newspaper Reading 10.20am - Table Games Independent Activities Snooker Colouring in for fun Cards	14 9.am - Church Karaoke 10.20 - Bingo In House TV everyday Channel 700 Musical Concert 10.00am & 2.00pm Channel 701 DVD Movies 10.00am & 1.30pm
15 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 10.30 - 1-1 Support Visits 11.00am - Falls Prevention 2.00pm - Arm Chair Travel	16 9.30 - Coffee in the Café 10.15am-Seated Fitness Fun 10.45am - 1-1 Support Visits 11.00am - Piano Playing 2.00pm - Quiz/Games	17 10.00am - Shopping Kiosk in the Café 10.30am - Arm Chair Travel 10.30am - 1-1 Support Visits 2.00pm - Drumming 2.00pm - Church Karaoke	18 9.30am - Coffee in the Café 10.15am - Scenic Bus Outing 10.15am - Carpet Bowls 1.15pm - Scenic Bus Outing with Ice Cream 3.00pm - 1-1 Support Visits	19 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 10.45am - Bingo 11.00am - Church Karaoke 1.30pm - 2.30pm Happy Hour with Lachlan Mckay	20 9.30 - Coffee in the Café & Newspaper Reading 10.20am - Table Games Independent Activities Snooker Colouring in for fun Cards	21 9.am - Church Karaoke 10.20 - Bingo In House TV everyday Channel 700 Musical Concert 10.00am & 2.00pm Channel 701 DVD Movies 10.00am & 1.30pm
22 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 10.30 - 1-1 Support Visits 11.00am - Falls Prevention 2.00pm - Bingo	23 9.30 - Coffee in the Café 10.15am-Seated Fitness Fun 10.45am - 1-1 Support Visits 11.00am - Piano Playing 2.00pm - Quiz/Games	24 10.00am - Shopping Kiosk in the Café 10.30am - Music Appreciation 10.30am - 1-1 Support Visits 2.00pm - Music & Milkshakes 2.00pm - Church Karaoke	25 9.30am - Coffee in the Café 10.15am - Scenic Bus Outing 10.15am - Carpet Bowls 1.15pm - Scenic Bus Outing with Ice Cream 3.00pm - 1-1 Support Visits	26 9.30am - Coffee in the Café 10.15am - Seated Fitness Fun 10.45am - Bingo 11.00am - Church Karaoke 1.30pm - 2.30pm Happy Hour with Di Coombes	27 9.30 - Coffee in the Café & Newspaper Reading 10.20am - Table Games Independent Activities Snooker Colouring in for fun Cards	28 9.am - Church Karaoke 10.20 - Bingo 11.15am - Anglican Church Service Musical Concert 10.00am & 2.00pm Channel 701 DVD Movies 10.00am & 1.30pm
29 8.00am - Live Stream Music with Joe Robinson 9.30am - Coffee in the Café 10.00am - Craft Group 10.30 - 1-1 Support Visits 11.00am - Falls Prevention 2.00pm - Arm Chair Travel	30 9.30 - Coffee in the Café 10.15am-Seated Fitness Fun 10.45am - 1-1 Support Visits 11.00am - Piano Playing 2.00pm - Quiz/Games	31 10.00am - Shopping Kiosk in the Café 10.30am - Arm Chair Travel 10.30am - 1-1 Support Visits 2.00pm - Drumming 2.00pm - Church Karaoke				DUE TO UNFORESEEN CIRCUMSTANCES SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE