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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONDAY TO FRIDAY ON CHANNEL 351: 10.00 Seated Exercise 10.30 Seated Tai Chi 2.00 Movie or Documentary		1 10.45 Tai Chi with Ruth (Fitzroy) 2.00 Bingo 	2 TUNA DAY 10.45 Interdenominational Church Service (Chapel) 2.00 Balloon Buffoonery 	3 10.45 Exercise Class (Argyle) 1.30 Knitting Group (Fitzroy) 2.00 Cinema Afternoon 	4 Every Saturday @2pm a film is played in the Argyle St Lounge by Gabby.	5 ←← STAR WARS DAY 10.00 Seated Exercise & Seated Tai Chi (CH. 351) 2.00 Brain Teasers (Argyle) 
6 10.45 Walks & Talks  2.00 Word Target 2.30 Paws Pet Therapy in Aberdeen	7 10.45 Resident Meeting 2.00 Bus Trip  2.00 Movie (CH. 351)	8 10.30 Relative Meeting 10.45 Relaxing Colouring (Art Room)  2.00 Bingo	9 10.45 Catholic Service (Chapel)  2.00 Mother's Day High Tea (Coffee Shop)	10 10.45 Exercise Class (Argyle) 1.30 Knitting Group (Fitzroy) 2.00 Friday Quiz 	11  (Held on the 9th of May)	12 MOTHER'S DAY / INT'L NURSES DAY 10.00 Seated Exercise & Seated Tai Chi (CH. 351) 2.00 Hand Pool (Billiard Room) 
13 10.45 Short Stories  2.00 Word Target 3.00 One on One Room Visits	14 10.30 Relaxing Meditation (Cinema Room)  2.00 Bus Trip 2.00 Armchair Travel (CH. 351)	15 10.45 Tai Chi with Ruth (Fitzroy) 2.00 Tenpin Bowling 	16 10.45 Interdenominational Church Service (Chapel) 2.00 Virtual Quiz Competition 	17 10.45 Exercise Class (Argyle) 1.30 Knitting Group (Fitzroy) 2.00 Cinema Afternoon 	18  (Held on the 23rd of May)	19 10.00 Seated Exercise & Seated Tai Chi (CH. 351) 2.00 Brain Teasers (Argyle) 
20 BEE DAY 10.45 Walks & Talks 2.00 Crosswords  2.30 Paws Pet Therapy in Maple	21 10.30 Relaxing Meditation (Cinema Room) 2.00 Bus Trip  2.00 Movie (CH. 351)	22 10.45 Anglican Service (Chapel)  2.00 Bingo	23 TURTLE DAY 10.45 Catholic Service (Chapel) 2.00 Cancer Council Australia's Biggest Morning Tea (Coffee Shop)	24 10.45 Exercise Class (Argyle) 1.30 Knitting Group (Fitzroy) 2.00 Friday Quiz 3.00 Jenny on Piano (Argyle) 	25 	26 NAT'L SORRY DAY 10.00 Seated Exercise & Seated Tai Chi (CH. 351) 2.00 Bonus Virtual Quiz (Argyle) 
27 10.45 Short Stories  2.00 Word Target 3.00 One on One Room Visits	28 INT'L BURGER DAY 10.30 Relaxing Meditation (Cinema Room) 2.00 Bus Trip  2.00 Armchair Travel (CH. 351)	29 10.45 Tai Chi with Ruth (Fitzroy) 2.00 Putt-Putt Golf 	30 10.45 St. Jude's Online Church Service (Argyle)  2.00 Pre-Loved Clothing Giveaway (Argyle)	31 10.45 Exercise Class (Argyle)  1.30 Knitting Group (Fitzroy) 2.00 Cinema Afternoon	DUE TO UNFORESEEN CIRCUMSTANCES, SOME ACTIVITIES MAY BE SUBJECT TO CANCELLATION OR CHANGE.	PLEASE NOTE: <i>Partners In Care are encouraged to attend any activity with their loved ones on our monthly planner.</i>