



Music & Education

Music Therapy at Milford

At Milford House we are lucky enough to have Shaun Herron as part of our staff. Shaun provides music therapy to relax and entertain our residents. The residents thoroughly enjoy listening to the peaceful music he creates when playing his guitar and singing.

“One only needs to see the excitement on the face of Carmel, when she is shaking the maracas to Shaun’s music to know how much she enjoys it.”

Both the group sessions and the individual visits are very popular, and having both options makes certain that all residents have the opportunity to enjoy Shaun’s music.

Shaun involves the residents by encouraging them to sing along and at times to join in by playing a percussion instrument like the tambourine or maracas. One only needs to see the excitement on the face of Carmel, one of our residents, when she is shaking the maracas to Shaun’s music to know how much she enjoys it. In fact, music therapy is a great part of life for all the residents of Milford House.

Dean Saxby
Milford House

Education and Training

So far this year we have had many interesting education sessions at Milford House. Our education program has used external resources to cover topics such as Nutrition and Hydration for the Elderly and the important role of Nutrition in Wound Healing. Our clinical support pharmacist has run in-services and case studies to ensure that our RNs are informed about best practice for medication administration. Pain management for our residents has been a topic both our RNs and AINs have enjoyed learning about.

Our internal education program has covered topics such as Better Oral Health in Residential Aged Care, Cleaning: Its Importance to Infection Control, and

National Registration for RNs. We have had staff attend conferences and seminars, and our fire safety officer has renewed his fire safety officer certificate.

Education at Milford House gives our staff the opportunity to share their knowledge and learn together in a relaxed and friendly environment. We look forward to our upcoming education sessions, which will cover Down Syndrome in the Elderly, Palliative Care, and Wound Care.

Dean Saxby
Milford House

