



Local Stories

A Positive Word from Iris



When people find out you are in a nursing home they feel sorry for you, thinking you lie in bed with nothing to do. It's quite the opposite. Personally, I have learned such a lot since being here at Avalon House and I feel it is due to the stimulating program the recreational officers offer the residents.

I have attended discussion groups, guest speakers and current affair groups, and this has been a good opportunity to learn other people's points of view. Although I have failing eyesight, I can still manage carpet bowls, quizzes and special events. I have also enjoyed the theme days and the entertainers we see on a regular basis.

This all adds up to many happy days amongst friends.

Linda Buttle
Avalon House

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